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OFFICE OF THE PRINCIPAL
GOVT. COLLEGE FOR WOMEN, NAWA KADAL
SRINAGAR, KASHMIR (J&K) - 190009

گورنمنٹ کالج برائے خواتین، نوا کدل، سرینگر



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Dated: 28/04/2024

No: WCN/24/142 (NAAC Re-Accredited Grade A+) • (CGPA - 3.27) • Tele-Fax: 0194-2503456

This is for the information of all the Students of the College that the Department of Psychology is organizing one day program on "Mitigation of Stress and the Role of Therapy" on 29 April, 2024. The line-up of events is planned as under:

1. Power point presentation: Presentation by Dr. Syed Shehna on the theme "Mitigation of Stress and the Role of Intervention".
2. Quick Assessment of Stress using DASS 21 Questionnaire (Faculty/ Audience).
3. Poster Presentation: Expression cum Awareness of hidden talent in the form of posters.
4. All the participants will be given certificates.

Note: The interested Students who are willing to participate are informed to register their names in the department of psychology up-to 27 April 2024 positively.

Venue: College Auditorium

Time: 12:00 NOON

Date: 29 April, 2024


Head

Department of Psychology


Principal

Copy to:

1. IQAC coordinator
2. College website
3. Notice board