



GOVERNMENT COLLEGE
FOR WOMEN
NAWAKADAL SRINAGAR.

(NAAC Re- Accredited Grade A)
(CGPA-3.10)

Department of Psychology, Govt. College for Women, Nawakadal Srinagar

Organises

MENTAL HEALTH AWARENESS WEEK



Photo Competition

Theme: Life is Beautiful

Mode: Online/Offline

Submit: Mailed at-
drnusratparveen918@gmail.com

Date: 6th to 8th October 2021

Poster Competition

Theme: Speak Your Mind

Mode: Online/Offline

Submit: Mailed at-
drnusratparveen918@gmail.com

Date: 6th to 8th October 2021

Inauguration

Inauguration of psychological
Counselling

Cell (Wellness Centre)

Date: 9th October 2021

Lecture on Mental Health

Theme: Positive Mental Health-
creating a pathway for Healthy
Development

Mode: Offline

Venue: College Auditorium

Date: 9th October 2021

Time: 11:30 AM

SPEAKER

Dr. Mudassir Hassan

Assistant Professor,
Clinical Psychology
GMC Baramulla.

Patron

Prof. (Dr.) Tabasum Rafiq
Principal

Organising Committee

- Dr. Tabasum Akhter
H.O.D Psychology
- Dr. Nusrat Parveen (Assistant Professor, Psychology)
- Prof. Shabir Ahmad (IT Coordinator)